

# First International Middle East PCOS Update Meeting | May 5<sup>th</sup> 2017

Dubai – U.A.E



## AGENDA TOPICS

Registration and Attendance 08:30 am – 09:00 am

### Session I

#### Lecturer

#### Timing

Keynote Address **Prof Enrico Carmina** 09:00 am – 09:30 am  
Pathogenesis of PCOS: how basic alterations translate in clinical presentation?

### Session II – Diagnosis of PCOS Session II – Diagnosis and clinical presentation of PCOS

#### Lecturer

#### Timing

Rotterdam criteria still valid? **Prof. Anuja Dokras** 09:30 am – 09:50 am  
Is AMH a new marker for PCOS? **Prof. Duru Shah** 09:50 am – 10:10 am  
New ultrasound techniques in diagnosis of PCOS **Dr. Musarrat Hasan** 10:10 am – 10:30 am  
Tea/Coffee Break 10:30 am – 11:00 am  
Diagnosis of Gestational Diabetes **Dr. Uday Thanawala** 11:00 am – 11:20 am  
Lean and obese PCOS – Impact on metabolic risk **Dr. Roberto Vita** 11:20 am - 11:40 am  
Improving quality of life in women with PCOS **Dr. Pratap Kumar** 11:40 am – 12:00 pm  
Discussion 12:00 pm – 12:30 pm

### Session III

#### Lecturer

#### Timing

Debate **Prof Anuja Dokras** 12:30 pm – 12:45 pm  
Success versus risks of IVF in PCOS  
Interactive case discussion on PCOS **Prof. Liselotte Mettler** 12:45 pm – 1:00 pm

### Session III

### Lecturer

### Timing

Lunch break

1:00 pm – 2:00 pm

### Session IV - Treatment of PCOS

### Lecturer

### Timing

Clomiphene, metformin or aromatase inhibitors? Evidence based strategy for ovulation induction in PCOS

**Dr. Monika Chawla**

2:00 pm – 2:20 pm

Laparoscopic ovarian drilling is it still indicated for PCOS??  
What are the alternatives??

**Prof. Liselotte Mettler**

2:20 pm – 2:40 pm

Reducing miscarriages in women with PCOS

**Dr. Pratap Kumar**

2:40 pm – 3:00 pm

Discussion

3:00 pm – 3:20 pm

### Session V

### Lecturer

### Timing

Keynote Address

**Prof. Duru Shah**

3:20 pm – 3:50 pm

Minimizing the risk for multiple pregnancy after treatment of infertility in PCOS

### Session VI

### Lecturer

### Timing

Treatment of menstrual disorders and hirsutism in PCOS

**Prof. Enrico Carmina**

3:50 pm – 4:20 pm

Management of Obesity

**Dr. Uday Thanawala**

4:20 pm – 4:40 pm

Discussion

4:40 pm – 5:00 pm

**Group Photo & Certificate Distribution**

5:00 pm – 5:30 pm

### MODERATOR OF THE MEETING:

Dr. Muna Thalak; CEO of Latifa Hospital

Dr. Aml Al Qedrah; HOD Latifa Hospital

Prof. Enrico Carmina; Executive Director and CEO of AE-PCOS Society

Prof. Duru Shah; Founder / President PCOS Society India

Prof. Lilo Mettler; Mother of Laparoscopy; Kiel Germany