

AE-PCOS

ANDROGEN EXCESS & PCOS SOCIETY

21st ANNUAL MEETING OF THE ANDROGEN EXCESS & PCOS SOCIETY

5 - 7 OCTOBER 2023



Day 1: Thursday, 5 October 2023		
Time	Event	
2:00 - 3:30 pm	Registration	
3:30 - 3:40 pm	Welcome	<p>Prof. Joop Laven Department of Obstetrics & Gynaecology, Erasmus MC, University Medical Center Rotterdam, The Netherlands President of the AEPCOS Society</p> <p>Dr. Anju Joham Monash University, Australia Program Chair of the Annual Meeting Committee</p>
SESSION 1: MEET THE PROFESSORS REFLECTIONS – 20 YEARS ON FROM THE 2003 ROTTERDAM DIAGNOSTIC CRITERIA Moderators: Dr. Anju Joham and Prof. Joop Laven		
3:40 - 4:05 pm	The 2003 Rotterdam Meeting	Prof. Bart Fauser
4:05 - 4:30 pm	The 2008 Thessaloniki Meeting	Prof. Basil Tarlatzis
4:30 - 4:55 pm	The 2010 Amsterdam Meeting	Prof. Adam Balen
4:55 - 5:20 pm	The 2013 Washington Meeting	Prof. Rick Legro
5:20 - 5:45 pm	The 2018 Barcelona Meeting	Prof. Helena Teede
5:45 - 6:30 pm	PANEL DISCUSSION	
6:30 - 8:00 pm	Welcome reception	

Day 2, Friday 6 October 2023		
Time	Event	
SESSION 2: THE 2023 PCOS EVIDENCE-BASED GUIDELINE – DIAGNOSIS WHAT'S NEW IN THE GUIDELINE? Chairs: Prof. Helena Teede and ? Dr Maria Forslund		
09:00 - 09:20 am	PCOS diagnosis – hyperandrogenism	Prof. Ricardo Azziz University of Alabama at Birmingham, USA

09:20 - 09:40 am	PCOS diagnosis – what is the most effective ultrasound criteria to diagnose PCOS?	A/Prof. Marla Lujan Cornell University, USA
09:40 - 10:00 am	PCOS diagnosis – is AMH effective for diagnosis of PCOM or PCOS?	Dr. Yvonne Louwers Erasmus MC, Rotterdam
10:00 - 10:20 am	Are women with PCOS at increased risk of cardiovascular disease?	Dr. Anju Joham Monash University, Australia
10:20 - 10:40 am	PANEL DISCUSSION	
10:40 - 11:00 am	COFFEE BREAK	
SESSION 3: AWARD LECTURE AND TRAVEL AWARD WINNERS Chairs: Prof. Ricardo Azziz and (either Heidi Vanden Brink or Noel YH Ng – winners in 2022)		
11:00 - 11:40 am		Ricardo Azziz Distinguished Researcher Award (including 10 minute question time)
11:40 - 11:55 pm		Azziz-Baumgartner Travel Award Winner
11:55 - 12:10 pm		Azziz-Baumgartner Travel Award Winner
12:10 - 1:30 pm	LUNCH	
12:10 - 1:30 pm	ECR NETWORKING SESSION	
SESSION 4: THE 2023 PCOS EVIDENCE-BASED GUIDELINE WHAT'S NEW IN THE GUIDELINE? Chairs: Dr. Poli Mara Spritzer and ? Prof. Duru Shah		
1:30 - 1:45 pm	Pregnancy outcomes in PCOS	Prof. Ezster Vanky University of Trondheim, Norway
1:45 - 1:55 pm	Metformin in PCOS	Dr. Johanna Melin University of Helsinki, Finland
1:55 - 2:05 pm	Combined oral contraceptive pills in PCOS	Dr. Maria Forslund University of Gothenburg, Sweden

2:05 - 2:15 pm	Light therapy for hair reduction	Dr. Daniela Romualdi University General Hospital, Italy
2:15 - 2:25 pm	Lifestyle management	Prof. Kathy Hoeger University of Rochester Medical Center, USA
2:25 - 2:40 pm	Fertility treatment	Prof. Rob Norman University of Adelaide, Australia
2:40 - 3:00 pm	PANEL DISCUSSION	
3:00 - 3:20 pm	COFFEE BREAK	
SESSION 5: AWARD LECTURE & ORAL PRESENTATIONS Chairs: Prof. Paulo Giacobini and Dr. Yvonne Louwers		
3:20 - 3:35 pm	<i>Abstract</i>	
3:35 - 3:50 pm	<i>Abstract</i>	
3:50 - 4:05 pm	<i>Abstract</i>	
4:05 - 4:20 pm	<i>Abstract</i>	
4:20 - 5:00 pm		Walter Futterweit Award in Clinical Research (including 10 minute question time)
5:00 - 6:30 pm	POSTER SESSION	
7:00 pm	CONFERENCE DINNER Poster award	

Day 3, Saturday, 7 October 2023		
Time	Event	
SESSION 6: THE 2023 PCOS EVIDENCE-BASED GUIDELINE WHAT DO WE STILL NEED TO KNOW? Chairs: Prof. Andrea Dunaif and ? Prof. Basil Tarlatzis		
9:00 - 9:15 am	PCOS diagnosis	Prof. Joop Laven Erasmus MC, The Netherlands
9:15 - 9:30 am	Psychological features in PCOS	Prof. Anuja Dokras University of Pennsylvania, USA

9:30 - 9:45 am	Lifestyle management	A/Prof. Lisa Moran Monash University, Australia
9:45 - 10:00 am	Medical management	Prof. Terhi Piltonen University of Oulu, Finland
10:00 - 10:15 am	Infertility management	Dr. Michael Costello Royal Hospital for Women, Australia
10:15 - 10:45 am	PANEL DISCUSSION	
10:45 - 11:00 am	COFFEE BREAK	
SESSION 7: ORAL PRESENTATIONS – CLINICAL Chairs: Prof. Zi Jiang Chen and Prof. Elisabet Stener-Victorin		
11:00 - 11:15 am	Abstract	
11:15 - 11:30 am	Abstract	
11:30 - 11:45 am	Abstract	
11:45 - 12:00 pm	Abstract	
12:00 - 1:00 pm	LUNCH	
12:00 - 1:00 pm	PATIENT ADVOCACY AND SUPPORT PANEL <i>Supported by the Waterloo Foundation</i>	
SESSION 8: PARTNERING WITH WOMEN WITH PCOS Chairs: Prof. Rebecca Campbell and Prof. Rob Norman		
1:00 - 1:30 pm	Consumer voice	Various consumers
1:30 - 1:50 pm	Models of care in PCOS	Dr. Jillian Tay Monash University
1:50 - 2:10 pm	Consumer and health professional interaction	Prof. Jacky Boivin Cardiff University, UK
2:10 - 2:30 pm	Working in partnership with women with PCOS	Rachel Morman Verity
2:30 - 2:50 pm	PANEL DISCUSSION	
2:50 - 3:10 pm	COFFEE BREAK	

SESSION 9: WHAT'S IN A NAME? Chairs: Prof. Anuja Dokras and Prof. Rick Legro		
3:10 - 3:25 pm	PCOS name change – caution needed	Prof. Rob Norman University of Adelaide, Australia
3:25 - 3:35 pm	The evidence for PCOS name change	Prof. Helena Teede Monash University, Australia
3:35 - 3:45 pm	The consumer voice	
3:45 - 4:45 pm	PANEL DISCUSSION & SMALL GROUP DISCUSSION FEEDBACK FROM SMALL GROUPS	
4:45 - 4:55 pm	Wrap up and how to proceed	Prof. Joop Laven Erasmus MC, University Medical Center Rotterdam, The Netherlands
4:55 - 5:00 pm	AE-PCOS SOCIETY UPDATE	Prof. Anuja Dokras University of Pennsylvania, USA
5:00 - 5:10 pm	AE-PCOS ANNUAL MEETING 2024 MEETING WRAP UP	Prof. Terhi Piltonen University of Oulu, Finland Prof. Elisabet Stener- Victorin Karolinska Institutet, Sweden Prof. Joop Laven Erasmus MC, The Netherlands Dr. Anju Joham Monash University, Australia