

AE-PCOS

ANDROGEN EXCESS & PCOS SOCIETY

21st ANNUAL MEETING OF THE ANDROGEN EXCESS & PCOS SOCIETY

5 - 7 OCTOBER 2023



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DAY 1: THURSDAY, 5 OCTOBER 2023

Time	Event	
2:00 - 3:30 pm	Registration	
3:30 - 3:40 pm	Welcome	<p>Prof. Joop Laven Erasmus MC, The Netherlands President of the AEPCCOS Society</p> <p>Dr. Anju Joham Monash University, Australia Program Chair of the Annual Meeting Committee</p>
<p>SESSION 1: MEET THE PROFESSORS REFLECTIONS – 20 YEARS ON FROM THE 2003 ROTTERDAM DIAGNOSTIC CRITERIA Moderators: Dr. Anju Joham and Prof. Joop Laven</p>		
3:40 - 4:05 pm	The 2003 Rotterdam Meeting	Prof. Bart Fauser University of Utrecht, The Netherlands
4:05 - 4:30 pm	The 2008 Thessaloniki Meeting	Prof. Basil Tziatzis Aristotle University of Thessaloniki, Greece
4:30 - 4:55 pm	The 2010 Amsterdam Meeting	Prof. Adam Balen Leeds Teaching Hospitals NHS Trust, U.K.
4:55 - 5:20 pm	The 2013 Washington Meeting	Prof. Rick Legro Penn State University College of Medicine, U.S.A.
5:20 - 5:45 pm	The 2018 Barcelona Meeting	Prof. Helena Teede Monash University, Australia
5:45 - 6:30 pm	PANEL DISCUSSION	
6:30 - 8:00 pm	Welcome reception	

DAY 2, FRIDAY OCTOBER 2023

Time	Event	
SESSION 2: THE 2023 PCOS EVIDENCE-BASED GUIDELINE – DIAGNOSIS WHAT'S NEW IN THE GUIDELINE? Chairs: Prof. Aled Rees and Dr. Alexia Pena		
09:00 - 09:20 am	PCOS diagnosis – hyperandrogenism	Prof. Ricardo Azziz University of Alabama at Birmingham, U.S.A.
09:20 - 09:40 am	PCOS diagnosis – what is the most effective ultrasound criteria to diagnose PCOS?	A/Prof. Marla Lujan Cornell University, U.S.A.
09:40 - 10:00 am	PCOS diagnosis – is AMH effective for diagnosis of PCOM or PCOS?	Dr. Yvonne Louwers Erasmus MC, The Netherlands
10:00 - 10:20 am	Are women with PCOS at increased risk of cardiovascular disease?	Dr. Anju Joham Monash University, Australia
10:20 - 10:40 am	PANEL DISCUSSION	
10:40 - 11:00 am	COFFEE BREAK	
SESSION 3: AWARD LECTURE AND EARLY CAREER AWARD WINNERS Chairs: Prof. Ricardo Azziz and Dr. Noel Ng		
11:00 - 11:40 am	Ricardo Azziz Distinguished Researcher Award (including 10 minute question time)	Prof. Daniel Dumesic University of California, U.S.A.
11:40 - 11:55 pm	Azziz-Baumgartner Family Early Career Investigator Travel Award <i>Overactivation of GnRH Neurons is Sufficient to Promote PCOS-like Cardinal Traits in Female Mice</i>	Dr. Mauro Silva Harvard Medical School, U.S.A.
11:55 - 12:10 pm	Azziz-Baumgartner Family Early Career Investigator Travel Award <i>Unsupervised Steroid Metabolome Cluster Analysis to Dissect Androgen Excess and Metabolic Dysfunction in 488 Women with PCOS – Results from the Prospective DAISy-PCOS Study</i>	Dr. Thais P. Rocha University of Birmingham, U.K.
12:10 - 1:30 pm	LUNCH	

12:10 - 1:30 pm	ECR NETWORKING SESSION	
SESSION 4: THE 2023 PCOS EVIDENCE-BASED GUIDELINE WHAT'S NEW IN THE GUIDELINE? Chairs: Prof. Selma Witchel and A/Prof. Heidi Vanden Brink		
1:30 - 1:45 pm	Pregnancy outcomes in PCOS	Prof. Ezster Vanky University of Trondheim, Norway
1:45 - 1:55 pm	Metformin in PCOS	Dr. Johanna Melin University of Helsinki, Finland
1:55 - 2:05 pm	Combined oral contraceptive pills in PCOS	Dr. Maria Forslund University of Gothenburg, Sweden
2:05 - 2:15 pm	Light therapy for hair reduction	Dr. Daniela Romualdi Fondazione Policlinico Universitario Agostino Gemelli IRCCS, Italy
2:15 - 2:25 pm	Lifestyle management	Prof. Kathy Hoeger University of Rochester Medical Center, U.S.A.
2:25 - 2:40 pm	Fertility treatment	Dr. Michael Costello Royal Hospital for Women, Australia
2:40 - 3:00 pm	PANEL DISCUSSION	
3:00 - 3:20 pm	COFFEE BREAK	
SESSION 5: AWARD LECTURE & ORAL PRESENTATIONS Chairs: Prof. Paolo Giacobini and Prof. Vasantha Padmanabhan		
3:20 - 3:35 pm	<i>Unsupervised Clustering-based Reclassified Subtypes of Polycystic Ovary Syndrome: a Large Cohort Study</i>	Prof. Han Zhao Shandong University, China
3:35 - 3:50 pm	<i>Activation of the HIF Pathway Alleviates Metabolic Defects in Pre-pubertal PCOS Mouse Model</i>	Nikke Virtanen University of Oulu, Finland
3:50 - 4:05 pm	<i>Abnormal Endometrial Calcium Signaling in PCOS-like Obese Mice Might Contribute to Subfertility in PCOS</i>	Lena Luyckx University of Oulu, Finland KU Leuven, Belgium
4:05 - 4:20 pm	<i>Circulating Anti-Müllerian Hormone Levels in Pre- Menopausal Women: Novel Genetic Insights From a GWAS Meta-Analysis</i>	Natàlia Pujol-Gualdo University of Oulu, Finland

4:20 - 5:00 pm	Walter Futterweit Award in Clinical Research (including 10 minute question time)	Prof. Zi-Jiang Chen Shandong University, China
5:00 - 6:30 pm	POSTER SESSION	
7:00 pm	CONFERENCE DINNER Poster awards	

DAY 3, SATURDAY, 7 OCTOBER 2023		
Time	Event	
EARLY CAREER SESSION		
8:00 – 9:00 am	Early career session – A guide to mentoring essentials <i>Early career attendees</i>	Dr. Anju Joham Monash University, Australia Prof. Helena Teede Monash University, Australia
SESSION 6: THE 2023 PCOS EVIDENCE-BASED GUIDELINE WHAT DO WE STILL NEED TO KNOW? Chairs: Prof. Elisabet Stener-Victorin and Dr. Yvonne Louwers		
9:00 - 9:15 am	PCOS diagnosis	Prof. Joop Laven Erasmus MC, The Netherlands
9:15 - 9:30 am	Psychological features in PCOS	Prof. Anuja Dokras University of Pennsylvania, U.S.A.
9:30 - 9:45 am	Lifestyle management	A/Prof. Lisa Moran Monash University, Australia
9:45 - 10:00 am	Medical management	Prof. Terhi Piltonen University of Oulu, Finland
10:00 - 10:15 am	Infertility management	Prof. Rob Norman University of Adelaide, Australia
10:15 - 10:45 am	PANEL DISCUSSION	
10:45 - 11:00 am	COFFEE BREAK	

SESSION 7: ORAL PRESENTATIONS – CLINICAL
Chairs: Prof. Alessandra Gambineri and Prof. Michael O'Reilly

11:00 - 11:15 am	The Risk for Diabetic Complications in Women with Polycystic Ovary Syndrome and Matched Control Women	Dr. Meri-Maija Ollila University of Oulu, Finland
11:15 - 11:30 am	Hypertension and Hyperlipidaemia in Women with Polycystic Ovary Syndrome: a Population Based Multi-register Matched Cohort Study in Sweden	Dr. Evangelia Elenis Uppsala University, Sweden
11:30 - 11:45 am	The Effects of Maternal PCOS on the Cardiometabolic Risk and Liver Steatosis in Daughters and Sons	Dr. Noel Ng The Chinese University of Hong Kong, Hong Kong
11:45 - 12:00 pm	The Effect of 4 Months of Oral Semaglutide on Weight, Clinical, Metabolic and Reproductive Measures in Adolescents with Obesity and PCOS	A/Prof. Melanie Cree Children's Hospital, Colorado, U.S.A.

12:00 - 12:30 pm **LUNCH**

PATIENT ADVOCACY AND SUPPORT PANEL
Korento, Finland – Tiia Tuovinen
PCOS Challenge, U.S.A. – Sasha Ottey
PCOS Network, Sweden – Liselott Videla
POSAA, Australia – Lorna Berry
SOPK, Europe – Emelyne Heliun
Verity, U.K. – Caroline Andrews

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SESSION 8: PARTNERING WITH WOMEN WITH PCOS
Chairs: Prof. Anuja Dokras and Dr. Punith Kempegowda

1:30 - 1:50 pm	Models of care in PCOS	Dr. Jillian Tay Monash University, Australia
1:50 - 2:10 pm	Consumer and health professional interaction	A/Prof. Laura Cooney University of Wisconsin, U.S.A.
2:10 - 2:30 pm	Working in partnership with women with PCOS	Rachel Morman Verity U.K.

2:30 - 2:50 pm **PANEL DISCUSSION**

2:50 - 3:10 pm **COFFEE BREAK**

SESSION 9: WHAT'S IN A NAME? Chairs: Prof. Kathy Hoeger and Caroline Andrews		
3:10 - 3:25 pm	PCOS name change – caution needed	Prof. Rob Norman University of Adelaide, Australia
3:25 - 3:35 pm	The evidence for PCOS name change	Prof. Helena Teede Monash University, Australia
3:35 - 3:45 pm	The consumer voice	Rachel Morman Verity, U.K. Lorna Berry POSAA, Australia
3:45 - 4:45 pm	PANEL DISCUSSION & SMALL GROUP DISCUSSION FEEDBACK FROM SMALL GROUPS	
4:45 - 4:55 pm	Wrap up and how to proceed	Prof. Joop Laven Erasmus MC, University Medical Center Rotterdam, The Netherlands
4:55 - 5:00 pm	AE-PCOS SOCIETY UPDATE	Prof. Anuja Dokras University of Pennsylvania, U.S.A.
5:00 - 5:10 pm	AE-PCOS ANNUAL MEETING 2024 MEETING WRAP UP	Prof. Terhi Piltonen University of Oulu, Finland Prof. Elisabet Stener- Victorin Karolinska Institutet, Sweden