



**23rd ANNUAL MEETING OF THE
ANDROGEN EXCESS & PCOS SOCIETY
23 – 25 OCTOBER 2025
SAN ANTONIO, TEXAS, USA**

**New Perspectives and Insights into
Reproduction in PCOS**

(PRELIMINARY PROGRAM)



Plaza San Antonio Hotel & Spa
555 S Alamo Street
San Antonio, TX, 78205

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DAY 1: THURSDAY, 23 OCTOBER 2025		
Time	Event	
12:00 - 1:30 pm	Early Career Event – Meet and Greet	
2:00 - 3:30 pm	Registration	
3:30 - 3:45 pm	Welcome	Prof. Terhi Piltonen University of Oulu and Oulu University Hospital, Finland President of the AEPCOS Society
		Dr. Maria Forslund University of Gothenburg, Sweden Program Chair of the Annual Meeting Committee
		Prof. Aled Rees Cardiff University, United Kingdom Program Co-Chair of the Annual Meeting Committee
SESSION 1: PREPREGNANCY AND WEIGHT Chairs:		
3:45 - 4:10 pm	Prospective associations of adolescent obesity phenotypes and PCOS	Laura Reich USA
4:10 - 4:35 pm	Bariatric surgery for ovulation	Dr Suhaniya Samarasinghe Imperial College London, UK
4:35 – 5.00 pm	GLP-1 in preconception weigh management	Samantha Schon USA
ORAL PRESENTATIONS		
5:00 - 5:15 pm	Oral 1	
5:15 - 5:30 pm	Oral 2	
5:30 - 5:45 pm	Oral 3	
5:45 - 7:30 pm	Welcome reception	

DAY 2: FRIDAY, 24 OCTOBER 2025

SESSION 2: AWARD SESSION

Chairs:

Time	Event	
8:00 – 9:00 am	Mid-Career Breakfast Get Together	<i>Held in hotel breakfast area (self-pay, no registration needed)</i>
09:00 - 09:40 am	Ricardo Azziz Distinguished Researcher Award	Prof Ray Rogers Australia

Waterloo Foundation Award Lectures

Chairs:

09.45 - 10.00 am	Waterloo Foundation Award: Investigating disordered brain-autonomic-ovary communication in PCOS (Recorded session)	Mauro Silva Canada
10.00 - 10:15 am	Waterloo Foundation Award: Impact of Genetic Variation on Polycystic AEPCOS	Rosemary Bauer USA

10:15 - 10:45 am **COFFEE BREAK**

SESSION 3: FERTILITY AND INFERTILITY

Chairs:

10.45 - 11.15 am	LOCI trial: RCT - CC-letrozole and metformin / placebo	Dr Pedro Melo University of Birmingham, UK
11:15 - 11:45 am	Single cell atlas of PCOS endometrium - effect of metformin and lifestyle	Gustaw Eriksson Sweden USA
11:45 - 12:15 pm	Apple Women's Health study – fertility outcomes	Dr Shruthi Mahalingaiah USA

12:15 - 02:00 pm **LUNCH**

01:15 - 02:00 pm **PATIENT ADVOCACY AND SUPPORT GROUPS**
Suggested theme:
Research priorities in PCOS regarding infertility and pregnancy

SESSION 4: EARLY INVESTIGATOR AWARDS Chairs:		
2.00 - 2:15 pm	Azziz-Baumgartner Family Early Career Investigator Award	
2.15 - 2:30 pm	Azziz-Baumgartner Family Early Career Investigator Award	
ORAL PRESENTATIONS		
2:30 - 2:45 pm	Oral 4	
3:00 - 3:15 pm	Oral 5	
3:15 - 3:30 pm	Oral 6	
3:30 - 4:00 pm	COFFEE BREAK	
4:00 - 4:30 pm	Rapid Oral Posters	Dr. Maria Forslund Prof. Aled Rees
4:30 – 6:00pm	POSTER SESSION	
7:00-10.00 pm	CONFERENCE DINNER	

DAY 3: SATURDAY, 25 OCTOBER 2025		
Time	Event	
8:00 – 9:00 am	Pediatric Endocrinologists Breakfast Get Together	<i>Held in hotel breakfast area (self-pay, no registration needed)</i>
8:00 - 9:00	Early career session – Early career attendees	
09.00 - 09.10 am	AE-PCOS SOCIETY UPDATE Award presentations, poster awards	Prof. Anuja Dokras USA
SESSION 5: PREGNANCY AND CHILD OUTCOMES Chairs:		
09:10 - 09.35 am	Correlation between PCOS phenotype and pregnancy and neonatal outcome	Dr. Jessica L. Chan, USA
09:35 - 10:00 am	Child outcomes in children of women with PCOS	Dr. Nicolas Crisosto, Chile
10:00 - 10:10 am	Discussion	
10:10 - 10:45 am	COFFEE BREAK	

Time	Event	
ORAL PRESENTATIONS		
10:45 - 11:00 am	Oral 7	
11:00 - 11:15 am	Oral 8	
11:15 - 11:30 am	Oral 9	
SESSION 6: AWARD LECTURE Chairs:		
11:30 - 12:10 pm	Walter Futterweit Award in Clinical Research	Prof Jeff Chang USA
12:10 - 01:15 pm	LUNCH	
01:00 - 02:00 pm	ECR NETWORKING SESSION	01:00 - 02:00 pm
SESSION 7: PCOS AND REPRODUCTION Chairs:		
02:00 - 02:30 pm	Myo-inositol Supplementation to Prevent Pregnancy Complications in Women with Polycystic Ovary Syndrome -The MYPP trial	Prof Joop Laven Netherlands
02:30 - 03:00 pm	Long-Term Effects of Prenatal Metformin Exposure and Maternal PCOS on Childhood Immunity and Mental Health	Prof Eszter Vanky Norway
ORAL PRESENTATIONS		
3:00 - 3:15 pm	Oral 10	
3:15 - 3:30 pm	Oral 11	
3:45 - 4:00 pm	Oral 12	
4:00 - 4:15 pm	AE-PCOS ANNUAL MEETING 2025 WRAP UP	